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SEÑOR
PATRICIO AYLWIN AZÓCAR
PRESIDENTE DE LA REPÚBLICA
PALACIO DE LA MONEDA
PRESENTE

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H.Z.C.	

Su Excelencia:

En nombre del Dr. John S. Hagelin, Presidente del Institute of Science, Technology and Public Policy, tengo el agrado de remitir a S.E. una carta y materiales que documentan el éxito del proyecto de demostración científica desarrollado recientemente en Washington, D.C. para reducir la criminalidad y el stress social, fortalecer la Administración del Presidente Clinton y mejorar sus relaciones con el Congreso.

Los resultados preliminares señalaron un 24 % de reducción en las tasas de criminalidad en la ciudad de Washington, en relación con el mismo período del año anterior y la administración del Presidente Clinton logró un alto nivel de éxito en sus iniciativas al interior y fuera del país, según lo que expresó la prensa norteamericana e internacional.

Esta demostración comprobó la efectividad de la Tecnología de la Ley Natural -la práctica en grupo del Programa de Meditación Trascendental y del Programa Sidhis -MT de Maharishi- para reducir la violencia y el stress social y fortalecer las tendencias económicas y sociales positivas. Todo esto sustentado por más de 40 estudios científicos. En la demostración participaron 4.000 personas de 64 países, incluyendo 26 de Chile.

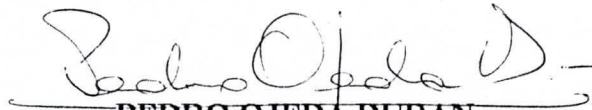
En los materiales adjuntos, se incluyen artículos de prensa de Estados Unidos, Europa y otros países. Respecto a las cintas de video, una contiene temas sobre la Ciencia Política Suprema de Maharishi- la filosofía más elevada y el conocimiento más práctico- para que cada Gobierno eleve su administración a un

nivel de perfección tan alto como el que la propia naturaleza utiliza para administrar el universo. La otra cinta resume las expresiones del Presidente de Mozambique, Sr. Joaquim Alberto Chissano sobre el éxito obtenido en su país al aplicar la Tecnología Maharishi de la Ley Natural ,en su reciente visita a la Universidad Védica Maharishi de Holanda. Con esta cinta se incluye una copia del Diploma Conmemorativo del otorgamiento del grado de Dr. Honoris Causa conferido al Presidente Chissano por la Universidad Védica Maharishi

Tambien incluimos la propuesta dirigida al Banco Mundial , la cual bosqueja un programa de educación de prevención de la salud y un plan práctico para promover la Salud Pública en todo el mundo. Este plan se basa en el conocimiento del Ayur Ved-el sistema natural de cuidado de la salud más comprehensivo, más antiguo y científicamente validado-que puede ser facilmente implementado en cualquier país.

Su Excelencia, también nos permitimos solicitarle una audiencia para hacer entrega de un manuscrito que le envía el Presidente del Institute of Science, Technology and Public Policy, en el que se presentan los resultados científicos del Proyecto de Demostración de Washington. En esa ocasión desearíamos exponerle con más detalles los alcances de este Proyecto y sus beneficios para nuestro país.

Saluda muy atentamente a Su Excelencia



PEDRO OJEDA DURAN

Presidente
Instituto de Meditación Trascendental



INSTITUTE
of
SCIENCE, TECHNOLOGY / AND PUBLIC POLICY

Dr. John Hagelin
DIRECTOR

July 30, 1993

Patricio Aylwin Azócar
President of the Republic
Palacio de la Moneda
Santiago
Chile

Dear Mr. President:

We are honored to convey greetings on behalf of 24 devoted citizens of Chile who participated in Maharishi's Group for a Government global demonstration in Washington, D.C., June 7 through July 31, 1993.

We respectfully present the enclosed materials as a historical record documenting the exceptional success of this 55-day, \$5 million scientific demonstration project, in which 4,000 citizens from 64 countries participated. The purpose of the demonstration was to prove the effectiveness of the natural law technology—group practice of Maharishi's Transcendental Meditation and TM-Sidhi program—in reducing violent crime and social stress in the U.S. capital city; creating coherence and harmony in collective consciousness; and promoting the success of the U.S. government in domestic and foreign affairs, bringing all good to the nation and the world.

The scroll presents the rationale and scientifically demonstrated results of this project. More than 40 previous scientific studies have found that group practice of this natural law technology produces the Maharishi Effect of coherence in society, reducing negative tendencies, such as crime, and strengthening positive social and economic trends.

Press articles all over the world reported the success of Maharishi's Group for a Government in Washington, including a dramatic decrease in total violent crime in the District of Columbia during the demonstration, according to official Metropolitan Police Department statistics. This period also saw a complete reversal of the declining trend of President Clinton's Administration prior to the demonstration. The enclosed synopsis of daily news reports during the demonstration clearly shows that once the group began practicing this natural law technology on June 7, the President began to enjoy an upsurge of confidence, support in Congress, and a high level of success in his initiatives at home and abroad. These results surpassed all expectations.

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The first videotape contains themes of Maharishi's Supreme Political Science—the highest philosophy and most practical wisdom for every government to raise its administration to the high level of perfection with which natural law administers the universe.

The second videotape features highlights of the celebration of administration through natural law in which President Chissano of Mozambique revealed, during his recent visit to Maharishi Vedic University—Holland, the success of this program to create the Maharishi Effect in his country. With this tape is a copy of the scroll commemorating the Honorary Doctoral Degree conferred upon President Chissano by Maharishi Vedic University.


The enclosed proposal, addressed to the World Bank, outlines a prevention-oriented health education program and a practical plan to promote public health in every country of the world. This plan is based on the knowledge of Maharishi Ayur-Ved—the most comprehensive, time-tested, and scientifically documented system of natural health care—and may be easily implemented in your country.

This summer's demonstration in Washington, D.C. established the U.S. government on a high level of success. Such a dramatic transformation has never been seen before in history. On the basis of this demonstration, there is no need for any government in the world to experience problems and failures.

I therefore respectfully offer to your government the full support of the Institute of Science, Technology and Public Policy at Maharishi International University, Fairfield, Iowa, U.S.A., which organized the Washington demonstration. MIU and affiliated educational organizations pledge to help establish the teaching of natural law and the knowledge of Maharishi's Supreme Political Science in the existing universities in your country, and to open two new universities: Maharishi Vedic University, to make available this beautiful knowledge and technology of consciousness, and Maharishi Ayur-Ved University, to offer the vitally needed knowledge of perfect health for all your citizens.

Most important, I promise to assist the government and the people of your country in permanently establishing Maharishi's Group for a Government, so that your sovereign nation will enjoy unlimited success and be a lighthouse of coherence and harmony for the whole world.

Respectfully yours,


John S. Hagelin, Ph.D.



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**THE 55-DAY TM CRIME REDUCTION PROJECT
IN WASHINGTON D.C., JUNE 7-JULY 31, 1993**

SUMMARY

Immediately before the 55-day (June 7-July 31, 1993) natural law technology demonstration began in Washington, D.C., the District of Columbia's spiraling violent crime rate had earned it the title of "crime capital of America," and the U.S. press was dominated by reports of discord within President Clinton's administration and disharmony among the President, the press, and Congress.

Moreover, popular opinion polls showed that President Clinton's popularity had declined steadily since his inauguration and was at the lowest point recorded by any president so early in an administration.

News headlines and stories at that time underscored the deteriorating prestige of the Clinton administration, for example:

- "Clinton gaffes spur question: Who's leading? Clinton administration mistakes are raising red flags among pundits. ... Twenty weeks old, the Clinton presidency is setting records as the most mistake-prone in modern history."—The New York Times, June 5
- "[President Clinton] ended yet another week publicly apologizing for his mistakes."—The Washington Post, June 5

On June 5, organizers predicted that the natural law technology demonstration would produce three effects: less violent crime in the District of Columbia; less government gridlock; and more appreciation and success of President Clinton, his administration, and Congress.

More than 40 scientific research studies had already found that group practice of this technology—the Transcendental Meditation and TM-Sidhi program of Maharishi Mahesh Yogi—significantly reduces negative tendencies in society, such as crime, and strengthens positive social and economic trends.

The demonstration was jointly organized by Citizens for a Crime-Free D.C. and the Institute of Science, Technology and Public Policy at Maharishi International University in Fairfield, Iowa. An independent scientific review board was set up to evaluate the results of the demonstration after it was over. The board comprises 27 scientists from several universities and government departments, including the University of Maryland, the D.C. Metropolitan Police Department, Howard University, the University of the District of Columbia, Temple University, the University

THE 55-DAY TM CRIME REDUCTION PROJECT—SUMMARY

of Denver College of Law, the University of Maine, and the World Bank.

The demonstration began on June 7. More than 700 experts started practicing the Transcendental Meditation and TM-Sidhi program together in large groups in Washington, D.C.

Immediately, a gradual but distinct, positive shift began in the trends of life in Washington, D.C. These positive trends continued to grow with increasing momentum throughout the demonstration, as the number of experts in this technology in Washington gradually increased to more than 3,800 for the final two weeks.

- Preliminary data from the D.C. Metropolitan Police Department showed a large decrease in total violent crime in the District during the first 7 weeks of the project.
- President Clinton's confidence steadily grew, and his administration met with increasing appreciation and success both at home and abroad.
- There was general agreement that a more cooperative atmosphere developed on Capitol Hill, an atmosphere that was more supportive of the President's key legislative initiatives on the deficit reduction package, national service program, campaign finance reform, etc.

This upturn in President Clinton's fortunes was chronicled daily by the press. For example, the following reports were made on June 11, 12, and 13:

- CNN's Wolf Blitzer reported from the White House, "The atmosphere is a lot better ... the mood has improved dramatically."
- National Public Radio's Cokie Roberts reported from Capitol Hill that legislators found "a tremendous sympathy for Clinton" among their constituents.
- The Washington Post's Hobart Rowan commented that "the Clinton Administration appears to have gotten its act together."

The large groups of TM experts practiced twice each day, for many hours in each session, and after 10 days it was very clear that something good had happened, because suddenly the President's fortunes took a sharp turn for the better. These are headlines from June 17:

- "A Breaking Up of Gridlock: Senate Democrats Agree on Budget Package"; and "GOP Filibuster on Campaign Bill Is Broken"—The Washington Post
- "Clinton Wins Key Votes on Plan for Service Tied to School Loan"—The New York Times

On June 18, President Clinton gave his first nationally televised news conference. Here are comments from the next day's press reports about the President's performance:

- "Clinton appeared cheerful and at ease."—The Washington Post
- "[President Clinton was] loose and joking."—USA Today

On June 20, the press remarked on the sudden turn-around President Clinton was enjoying:

- "His best week so far."—The Washington Post
- "Bill Clinton's Brightening Sky... What a difference a week makes."—The New York Times
- "President Clinton may have 'turned the corner'."—The Baltimore Sun
- "A reborn Clinton Presidency?"—Newsday

THE 55-DAY TM CRIME REDUCTION PROJECT—SUMMARY

From June 7 on, President Clinton's approval rating had been rising steadily. A USA Today/CNN/Gallup poll found that by June 29 and 29 it had increased 9% to 46%, from a low of 37% on June 5 and 6.

In the first week of July, the group of TM experts in Washington more than doubled in size to about 2,200, and this opened a new, expanded phase of achievement for the government. The President began a series of very successful foreign policy initiatives.

- President Clinton announced a moratorium on nuclear weapons testing, and asked other countries to join in. France agreed, and so began a global round of persuasion.
- Relations began to warm up with long-standing enemies of the U.S., including Cuba and Vietnam.
- While a pact to return democracy to Haiti was being signed in New York, President Clinton was persuading America's allies to aid Russia, and pushing a \$2.5 billion Russian aid bill through the House of Representatives.
- Mr. de Klerk and Mr. Mandela chose the White House as the place to announce the birth of non-racial democracy in South Africa.

On July 7, President Clinton traveled to Tokyo for the Group of Seven summit. According to The Washington Post, the President was "the most powerful individual there." On July 10, the Post declared the summit "a winner for Clinton" and called him "the confident center of attention, the leader with whom everyone wanted a face-to-face meeting."

The New York Times commented on July 11, "A president who had been depicted as too weak at home to lead abroad had stomped onto the world stage with some force.... The bash-Clinton campaign collapsed last week."

The U.S., under the President's leadership, made significant strides in foreign policy. North Korea moderated its position on nuclear weapons. Mexico softened its stance on environmental sanctions. Cuba sought better ties with the U.S. Vietnam accepted in principle a U.S. embassy, the first American posting to Hanoi in 40 years.

In a period of one month, as growing numbers of experts practiced the Transcendental Meditation and TM-Sidhi program together in Washington, America's image abroad was swiftly transformed. On July 15, The Associated Press wrote, "A month ago the United States seemed to some well on its way to becoming an international has-been, too poor and too uncertain to cope with the vagaries of the post-Cold War era. After almost half a century of calling the shots, was the United States really in full retreat, ready for a far more peripheral role globally? No, not based on what has happened over the past month."

While this was going on abroad, the U.S. economy was looking healthier. Auto sales were up. Unemployment was down. Inflation fears were put to rest for now. The White House announced that the federal deficit would be more than \$25 billion lower than expected. And the New York Times reported that the chairman of the Federal Reserve Bank was surprisingly upbeat on growth.

By July 18, the number of TM experts increased by more than half, to over 3600.

- Washington Post columnist Sally Quinn, in a July 18 column, commented on the marked transformation in President Clinton and his administration, and she wondered about the cause: "The Clinton administration appears to have revived. ... Washington has relaxed. But such a swift reversal of political fortune is not easy to account for. [One] may logically wonder whether Clinton really turned things around or if something else is going on."

THE 55-DAY TM CRIME REDUCTION PROJECT—SUMMARY

In the following days, the Clinton Administration achieved several major foreign policy coups: At U.S. urging, Russia agreed to halt an arms linked sale to India • the U.S. and North Korea reached a compromise, avoiding a nuclear-arms inspection crisis • Iraq agreed to weapons monitoring, averting a potential international crisis • the U.S. and Belarus agreed to dismantle and destroy nuclear weapons still in the former Soviet republic • China, the sole remaining nuclear power yet to agree, said it was seriously considering President Clinton's plea to end all nuclear weapons testing • Syria began to seek "a special relationship" with the U.S. that, in the words of The Washington Times, "could involve some softening in Syria's attitude toward Israel" • the pace quickened in the negotiations between the U.S. and Mexico on the North American Free Trade Agreement, and • as the U.S. eased its economic embargo of Cuba, Cuba relaxed restrictions on its citizens, allowing them to own U.S. dollars and giving Cuban Americans unlimited freedom to travel in Cuba. Fidel Castro said, "Life and reality oblige us to do what we never would have done otherwise."

On Capitol Hill, Democrats and Republicans worked together to revise President Clinton's community development lending proposal, and the two parties settled some of their key differences on tax issues. The chairman of the House of Representatives Ways and Means Committee commented, "Real progress is starting to take place."

On July 28, The Washington Times reported that "a surprisingly calm Senate chamber voted 70-29 to approve [a \$3.7 billion budget for the District of Columbia] in a two-hour debate that lacked much of the rancor of previous years."

The Wall Street Journal reported on July 29 that the number of Americans expressing support for President Clinton's economic plan rose over the previous months "as it nears its crucial vote."

The same day, preliminary data from the D.C. Metropolitan Police Department was released. The data showed that total violent crime in the nation's capital had dropped 13% during the first 7 weeks of the natural law technology demonstration compared to the same period in 1992. During the sixth and seventh weeks, when the number of TM experts participating in the demonstration had increased to about 3,800, there was an even more dramatic 26% drop in violent crime.

Moreover, violent crime in D.C. had been increasing an average of 11% for the June 7-July 25 period every year since 1987. Violent crime had been projected to rise another 11% during this period in 1993, but instead it had dropped 13%—a decrease of 24% from what had been expected.

Thus all three predictions made before the natural law technology demonstration began had been fulfilled: violent crime in the District of Columbia dropped significantly; government gridlock eased; and President Clinton, his administration, and Congress enjoyed more appreciation and success.

Dr. John Hagelin, Director of the Institute of Science, Technology and Public Policy at Maharishi International University, and director of the TM crime reduction experiment, commented: "The preliminary results indicate that the demonstration project succeeded beyond all our expectations. On the basis of the success of this project—and on the basis of the previous research on similar TM projects—we urge government leaders to support this cost-effective, scientifically proven technology to reduce crime and promote governmental effectiveness. Washington can become a capital of coherence and harmony. The technology now exists that can enable our powerful government to make policies in a neat, pure, and positive atmosphere, bringing all good to our nation and our world."

Meditation Project Targets D.C. Crime

Maharishi's Followers to Descend on City

By Rick Allen
Special to The Washington Post

Followers of the spiritual teacher Maharishi Mahesh Yogi once again are mounting a collective meditation project that they say will dramatically reduce violent crime in the District.

Starting today and continuing through July, thousands of practitioners of the guru's transcendental meditation (TM) from across the country and around the world will descend on the city as part of a privately funded \$4.2 million demonstration project. Organizers say it will reduce the city's crime by 20 percent from last year's figures for June and July.

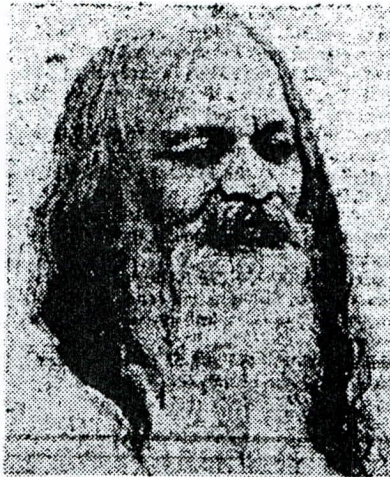
The meditation project is a decided about-face for the TM movement. Two years ago, TM leaders moved the national office from Washington to bucolic Fairfield, Iowa, the site of Maharishi International University, after trying for 10 years to lower the city's crime rate and promote world peace through meditation.

The Maharishi, who lives in the Netherlands, warned his followers to flee the crime-ridden capital. "I would not advise anyone to stay in the pool of mud," the Maharishi said at that time.

But officials at the university, with the blessing of the Maharishi, decided that the U.S. capital was too important a site to abandon completely.

"It would almost be irresponsible if we didn't bring this knowledge to the leaders of Washington," said Kamal Sunev, spokesman for the Citizens for a Crime-Free D.C., a nonprofit group linked to the TM movement.

The anti-crime group, made up of Washington area meditators, lobbied Mayor Sharon Pratt Kelly, D.C. Council members and Police Chief Fred Thomas at town hall meetings held in the city's eight



MAHARISHI MAHESH YOGI
... urged followers to leave city in '91

wards early this year. The group also received a sympathetic hearing on the radio show of the late council chairman John A. Wilson and met informally with the mayor.

As a result, the city has promised to provide crime statistics and analysis to the group during the two-month project.

The project could attract as many as 2,000 meditators in June and 3,000 to 7,000 in July, said TM officials at the Fairfield campus's Institute of Science, Technology and Public Policy, the project's sponsor.

TM practitioners, an estimated 1 million worldwide, attempt to achieve a state of deep relaxation by concentrating on a particular word, or mantra, twice a day for 20 minutes at a time.

The practice of transcendental meditation, though not considered a religious practice, is similar to techniques thousands of years old that are recorded in the Hindu sacred writings, the *Vedas*, according to the Maharishi.

According to the proponents of the project, when a critical mass of

Meditators to Try To Curb D.C.'s Violent Crime

TM, From D10

meditators practice their TM program, the relaxing effect will be transmitted through "a field of consciousness" that unifies all creation. The resulting stress-reduction in the city will directly lower the number of crimes, TM officials say.

"We're being very bold in announcing our anticipated results," said John S. Hagelin, director of the institute in Fairfield.

TM officials hope that the crime rate will drop enough while meditators convene in the District that city officials will eventually pay to continue the project, which could cost \$5 million annually.

The institute also will be looking at changes in other variables to determine the meditation project's impact, including hospital admissions, emergency calls to the police and social service hot lines, auto fatalities and reported cases of child abuse.

University officials said that during a similar project in Jerusalem in 1983, crime was reduced by 12 percent.

As many as 6,000 people practice TM in the area, having been trained in the technique in centers in the District, Bethesda, Silver Spring and Crystal City. But only about 250 are expected to take part in the crime reduction experiment, project organizers said.

The expected 20 percent reduction in violent crime is considered to be an optimistic figure, said one member of a project review board that is monitoring the TM project.

John Davies, director of the Center for International Development and Conflict Management at the University of Maryland, said a 10 percent drop in the crime rate would be more realistic and significant enough.

"The primary difficulty is that scientific experiments never allow you to confirm 100 percent causality," Davies said.

The Philadelphia Inquirer

Friday, June 25, 1993

Can meditators take a thought out of crime?

Yogi's disciples take on D.C. mayhem

By Steve Goldstein
INQUIRER WASHINGTON BUREAU

WASHINGTON — Listen to the sound of this violent city's newest crime fighters:

Silence.

In the yellow-walled gym at a local university and at three other locations in the nation's capital, more than 1,000 disciples of the Maharishi Mahesh Yogi are meditating on mayhem.

Using brainpower instead of Berettas, these practitioners of Transcendental Meditation are hoping they can cut violent crime in Washington by 20 percent in less than two months.

Washington has the highest per-capita homicide rate in the nation, according to FBI records.

The key, advocates say, is having concentrated brain waves — the "electro-activity" from your gray matter — radiate through the city, reducing the stress and tension that cause bad stuff.

Why use SWAT teams when you can think violence away? Why not mind over murder?

"It's well-established that TM dissolves tension and stress on an individual level, producing order and coherence on brain waves," said John Hagelin, an official of Maharishi International University, as he observed a meditation session yesterday at Gallaudet University.

Hagelin raised \$4.2 million from businesses and private individuals to fund this "demonstration" project, and won the cooperation of city officials in setting up a review board to assess the results.

"What we're testing here is that the group practice of TM in a densely populated urban environment will help to dissolve social stress and create cohesion and order throughout society," said Hagelin, who directs the university's Institute of Science, Technology and Public Policy in Fairfield, Iowa.

By the time the demonstration concludes July 31, Hagelin hopes it can also ease tension and stress among

politicians, thus increasing bipartisan cooperation on Capitol Hill and boosting the efficacy of the Clinton administration.

"I've spent a lot of time on Capitol Hill," said Hagelin, "and it is truly incoherent."

The meditation began June 7, and there are now about 1,200 TMers meditating and living at Gallaudet, Catholic University, Trinity College and the Waterside Towers complex in southwest Washington.

A co-sponsor of the project is a local volunteer organization, Citizens for a Crime-Free Washington, which has tried to drum up support in the local government.

Candace Martin, a lawyer who is a spokeswoman for the group, said city officials were hesitant to sanction the event, much less fund it.

"One city councilman told me, 'You can't expect me to believe that someone closing his eyes and thinking is going to stop someone killing someone else,'" she said.

"But we believe stress is the root cause of crime," said Martin. "Why do people take drugs? The bottom line is stress."

Reinforcements are arriving daily from all over the United States and far-flung outposts in Russia, Japan, Germany and Britain, said Hagelin, adding that he expects to have 3,000 meditators by July 2.

Hagelin said that if the project is successful, and the review board — consisting of city officials, scientists and psychologists — determines that the rate of violent crime has dropped, he will ask for \$20 million in public funding for a five-year crime-busting program in Washington.

Inside the gym, a curtain divides the male and female meditators, perhaps to keep those thought waves pure and true.

The men are aligned in 10 rows — five pairs facing each other — with about 20 per row. They sit on folding chairs or backrests atop a 5-inch-thick foam pad, eyes closed, hands

clasped, legs crossed Indian-style. Some have blankets draped over their shoulders in the cool, dimly lit interior.

The silence is surprising, overwhelming. No mantras, no incense, no "Ommmmms." Just happy thoughts.

"We are trying to create a physical influence of peace that spreads throughout the social environment," said Hagelin.

Participants meditate four hours in the morning and two hours in the late afternoon.

Celeste Schindler, an elementary school teacher from Chestnut Hill in Philadelphia, has been practicing TM for 24 of her 43 years and liked the idea of trying to help living conditions in the nation's capital.

As to whether this would work, she said: "I'm not a lockstep true believer, but I'm expecting results. I'm as curious as everyone else."

The Maharishi Mahesh Yogi became famous in the 1960s, and among his true believers were the Beatles.

In the early 1980s, about 500 followers came to Washington and attempted to reduce crime with a similar experiment, but a much smaller and shorter one. Although the incidence of homicides dropped off from 1981 through 1986, it has risen every year since then.

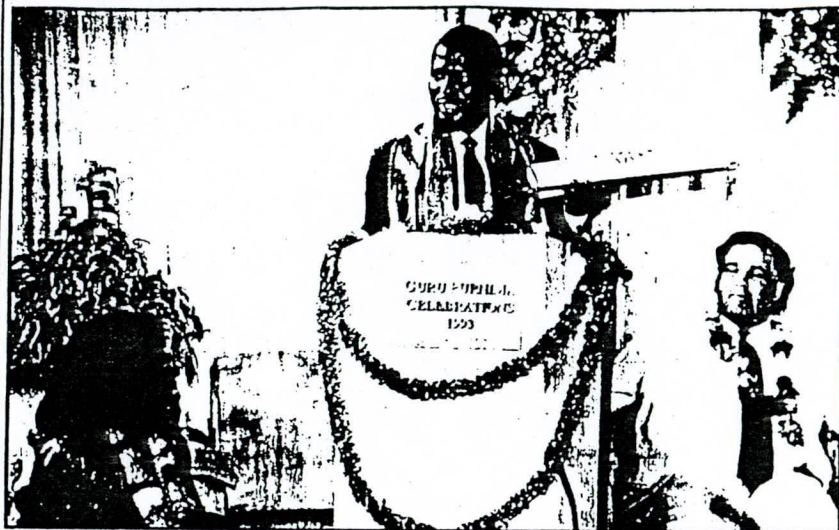
Organizers have noted that in the first two weeks of the current project, the rate of violent crime — defined as homicides and robberies — has declined.

Since that time, however, 10 people were slain in Washington during a 36-hour period beginning 11 a.m. Tuesday...

But Hagelin and others pointed out that President Clinton has made a comeback and was able to end a Republican filibuster on his campaign finance reform bill.

Maybe the White House needs a new slogan: It's the karma, stupid.

Vrede door meditatie



● In aanwezigheid van de Maharishi kreeg president Chissano van Mozambique zaterdag de titel en een sjaep die behoren bij het eredoctoraat van de Vedic University. Foto: JEROEN KUIJ

Chissano bezoekt Maharishi in Vlodrop

President Mozambique krijgt eredoctoraat

DOOR RENÉ ROOSJEN

VLODROP - Uit alle delen van de wereld zijn tweeduizend public relationsmedewerkers van de Maharishi Mahesh Yogi samengestroomd in de Vedic University in Vlodrop. Om het volle-maanfeest te vieren, waarvoor zelfs president Joaquim Alberto Chissano van Mozambique en zijn regering zijn overgekomen. Chissano is ervan overtuigd geraakt dat transcendent meditatatie zijn land vrede brengt. Reden waarom de Maharishi hem een eredoctoraat in de politieke wetenschappen heeft verleend.

Het voormalig klooster St.-Ludwig, waar de Maharishi sinds drie jaar resideert, is zaterdag bijna hermetisch afgesloten vanwege het presidentieel bezoek. De tweeduizend gasten worden via een omweg naar de tuin geleid. Daar kunnen zij de ceremonie rond het verlenen van het eredoctoraat die in het universiteitsgebouw plaatsvindt op monitor volgen. Vier camera's zorgen ervoor dat ook miljoenen mensen al over de wereld getuigen kunnen zijn van een voor de universiteit historisch moment. De beelden gaan bijvoorbeeld rechtstreeks naar Washington

waar 2700 aanhangers zich hebben verzameld.

Schoenen uit...En als de Maharishi binnenkomt, is het de gewoonte om even op te staan, wordt de ere-gasten ingefluisterd. In de zaal is het één zee van gele en witte bloemen. Het wachten is op de Maharishi, die tienmaal de hele wereld afreisde om zijn transcendent meditatatie-technieken te propageren.

Een gediensstige medewerker houdt een gordijn opzij. De Maharishi. Hij schuifelt naar zijn bank, en steekt meeter twee staafjes wierook aan. In zijn kielzog komen president Chissano en zijn gevolg binnen. Een dankzegging in de vorm van een muzikale parlando opent de ceremonie.

De Maharishi legt nog eens voor de hele wereld uit dat Natural Law de basis vormt om alle misstanden te bestrijden, die met alle andere wetenschappen van de wereld kennelijk niet uit te roeien zijn. De Natural Law is gebaseerd op de traditionele kennis over de universele natuurwet en de constitutie van het heele. Die bevindt zich in elk individu, beweert de Maharishi, en die moet alleen losgemaakt worden. Door transcendent meditatatie. Het gezamenlijk mediteren is de

een gunstige invloed op oorlogsactiviteiten, criminaliteit en het misdaadcijfer, is de visie daarachter. Waar één procent van de bevolking mediteert, kan dat worden aangevoeld. Waarbij de Maharishi ondermeer verwijst naar steden in Amerika. Ook het einde van de Koude Oorlog schrijft hij op zijn conto. Voor het eerst nu blijkt TM effect te sorteren in een heel land, meent niet alleen de Maharishi maar ook de president van dat land Mozambique. Een minister is nog niet over de streep, maar de rest wijst hem met naam en toenaam aan. Ook zij hebben 'het' ontdekt. Het zal geen verbazing wekken dat de Maharishi Mozambique als voorbeeld stelt voor andere regeringen. Chissano wil zich zelf niet op de borst kloppen: „We zijn er beduusd onder, wij 'peace makers' zijn”.

De bedoeling is dat er in totaal 214 opleidingsinstituten komen, waarvan er nu een vijftigtal bestaat. Volgens een woordvoerder van de universiteit in Vlodrop zijn er 250.000 leermeesters en 800.000 experts op het gebied van TM. Na de ceremonie kunnen de aanhangers hun geluk met de Maharishi passende glimlach met elkaar heeft gesproken. De ceremonie heeft wacht

English Translation from the Dutch newspaper, Limburgs Dagblad of 5 July 1993

Peace through meditation

Chissano visits Maharishi in Vlodrop

President of Mozambique Receives Honorary Doctorate

Vlodrop—From all parts of the world 2,000 [leaders] of Maharishi Mahesh Yogi's [movement] have assembled at the Vedic University in Vlodrop to celebrate the full moon festival, for which even President Joaquim Alberto Chissano and his government have come. Chissano has become convinced that Transcendental Meditation is bringing peace to his country. This is the reason why Maharishi has given him an honorary doctorate in political science.

The former monastery, St. Ludwig, where Maharishi has been residing for three years, is hermetically closed to the outside this Saturday because of the presidential visit. The 2,000 guests are led to the garden via a roundabout. There they can follow on TV monitors the degree-awarding ceremony that takes place inside the university building. Four cameras also make sure that millions of people all over the world can witness an historic moment for the university. The images go, for example, directly to Washington where 2,700 meditators have assembled.

Shoes off ... And when Maharishi comes in, it is the habit to stand for a moment, it is whispered to the guests of honour. In the hall there is a sea of yellow and white flowers. One waits for Maharishi, who travelled ten times around the whole world to bring out his Transcendental Meditation techniques. A helper holds aside a curtain. The Maharishi. He walks to his couch and immediately lights two incense sticks. Immediately behind him Chissano and his people enter. A kind of musical thanksgiving opens the ceremony.

Again the Maharishi explains to the whole world that Natural Law is the basis from which to combat all the negativity that all other sciences in the world have proven not to be able to eliminate. The Natural Law is based on the traditional knowledge about the universal natural law and the constitution of the universe. It resides in every individual, says Maharishi; it only has to be awakened. By Transcendental Meditation.

Collective meditations have a favourable effect in the reduction of enmity and crime, is the vision. Where one percent of the population meditates this can be clearly demonstrated. Maharishi refers to cities in the U.S.A. He also takes the credit for the end of the cold war.

For the first time now, TM is showing its effect in an entire country, says not only Maharishi but also the president of that country: Mozambique. One minister does not yet agree, but the rest he points to openly and says their names. They also have discovered 'it'. No wonder that Maharishi makes Mozambique an example for all other governments. Chissano does not want to take the credit: 'We are humbled that we are called "peace-makers".'

The plan is to establish 214 Vedic Universities of which already 50 exist.

According to a spokesman of the university in Vlodrop there are 25,000 teachers of TM, and 800,000 experts in the field of TM.

After the ceremony everyone is filled with joy. With a nice smile. Their master has spoken. The full moon celebration is coming.

The Hartford Courant.

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Wednesday, June 23, 1993

★4

Group will set minds over criminal matters

By DANA TOFIG
Courant Staff Writer

WASHINGTON — Forget Superman. This metropolis has a new supernatural crime-fighting weapon — transcendental meditation.

Hundreds of advanced practitioners of TM, including several from Connecticut, are converging on Washington this summer as part of a scientific experiment.

Here's the idea: If large groups of people meditate throughout the nation's capital twice a day for two months, it will reduce the city's stress level, which will result in a significant drop in the crime rate.

Sound far-fetched? Not to John Hagelin, a Harvard-trained quan-

tum physicist who ran for president as a member of the Natural Law Party last year.

Transcendental meditation "addresses one of the root causes of crime, that is the accumulation of social stress," said Hagelin, now director of the Institute of Science, Technology and Public Policy in Fairfield, Iowa, which is running the experiment. "We have a humane and effective solution to crime."

The organizers, at a press conference Tuesday, promised results. They predicted a 20 percent drop in the rate of murders and robberies this June and July from the rate in

Please see Theory, Page A7

Theory says lower stress levels mean less crime

Continued from Page 1

June and July of last year. There were about 80 murders in June and July of 1992 in Washington, which has one of the highest crime rates in the nation and is cynically called the Murder Capital of the World.

In the latest violent episode to jolt the city, a man fired 10 to 20 shots from a semiautomatic handgun at a crowded District of Columbia pool, wounding six children while scores of other frightened and screaming youngsters scrambled for cover in the locker room. None of the children, 5 to 14 years old, was severely injured, police said.

The gunman, who fired from a hill 40 yards from the pool, apparently drove off with three other men.

The meditation experiment has been going on for two weeks and will continue until the end of July.

About 7,000 meditators from all over the country and as far away as Russia will rotate in and out of Washington during that time, organizers say.

Twice a day, groups situated throughout the city will dress in comfortable clothing, such as sweat pants and T-shirts, and practice TM-Sidhi, an advanced form of transcendental meditation.

Besides reducing the stress of the participants, the large number of people meditating at the same time will give off a relaxing, stress-reducing aura that will spread through the city, Hagelin said. Once the stress is reduced, the urge to commit crimes will go down as well, he said.

"I know when I meditate in a large group, there's definitely a different, deeper, more profound experience," said Tom Hall, a professor at Capital Community

Technical College in Hartford, Conn., who has participated in the experiment the past two weeks. "I know there must be some effect among other people."

In transcendental meditation, one aims to achieve a state of "restful alertness" in which the body is still and relaxed, but the mind is active. One of the tools used to achieve the state is a mantra, a sound that has a relaxing effect.

"I feel very confident that we'll have results," said Terry Nevas of Westport, Conn., one of the participants. "I noticed a difference in the news as soon as the group got here."

A panel of more than 20 professors, psychologists and criminologists — four of whom meditate — will evaluate the effects on the city's crime rate and other quality-of-life criteria after the end of July.

The Institute of Science, Technol-

ogy and Public Policy, along with a resident group called "Citizens for a Crime-Free D.C." met with Washington city council members and officials from the Metropolitan police department. As expected, there was skepticism.

But while the police will not likely trade their Mace for mantras, the group was told to go ahead with its program.

If the program — which is costing the institute about \$4 million for lodging and other expenses — is effective, the organizers say they are ready to teach the meditation to residents of Washington and other cities, including Hartford.

And there's one more intended effect from the program. The pleasant feeling in the air of Washington will find its way to the Capitol, where it is hoped it will help loosen congressional gridlock, Hagelin said.

P R E S S R E L E A S E

Maharishi Vedic University

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Mozambique President Chissano Applies Maharishi's Transcendental Meditation Program to Bring Political Peace and Harmony to Mozambique

July 3, 1993; Vlodrop, Holland

HIS EXCELLENCY JOAQUIM ALBERTO CHISSANO, President of the Republic of Mozambique, today credited the major positive events in his country to the Transcendental Meditation and TM-Sidhi program of His Holiness Maharishi Mahesh Yogi.

President Chissano said that Transcendental Meditation "brings peace in your mind and relaxation in your body ... and coherence in society if many people do it."

Last winter, President Chissano organized an initiative to offer Transcendental Meditation to the citizens of his country, and thereby created coherence in the national consciousness.

Transcendental Meditation is practiced by over 4 million people worldwide of all religions, cultures, and walks of life.

On Saturday in Vlodrop, Holland, President Chissano was awarded an honorary doctoral degree in political science from Maharishi Vedic University for his successful initiative.

In attendance were leaders of Maharishi's worldwide movement as well as President Chissano's wife and daughters; the Mozambique government ministers of foreign affairs, finance, and commerce; the chief of staff of the Mozambique army; and the ambassadors of Mozambique to Holland and France.

President Chissano received his degree during ceremonies inaugurating 108 Maharishi Vedic Universities throughout the world. The event was telecast internationally by satellite.

Knowledge of Consciousness

Maharishi presided at the event and delivered the keynote address.

Maharishi said that the specialty of these new universities will be the knowledge of consciousness available from ancient Vedic Science.

MORE

Add one, Mozambique President applies Transcendental Meditation to promote peace in his country

“Consciousness, the subjective value of life, is the most basic element in life,” Maharishi said. “Today we possess complete knowledge of consciousness and have proven its practicality in daily life.”

Maharishi compared consciousness to the sap in a tree, which is the basis of the branches, leaves, flowers, and fruits.

“He who has knowledge of the sap can do anything for the whole tree,” Maharishi said. “With the knowledge of consciousness it is completely possible to have the process of evolution in any direction according to one’s will. This will be the possibility for any government now through the Vedic universities we are establishing today.”

Peace and Rain for Mozambique

In accepting his honorary degree, President Chissano credited to Maharishi’s Vedic Technology of Consciousness the major positive events that have been happening in Mozambique.

According to the *New York Times* of February 22, 1993, “Mozambique has unexpectedly emerged as a candidate for an African success story. ... A ruthless drought that had aid donors touting Mozambique as the next Somalia has been broken by quenching rains, and the country is carpeted with corn

“We’ve got a combination of peace and rain, which there hasn’t been in Mozambique for a quarter of a century,’ marvelled ... [a] coordinator of relief deliveries for CARE,” the *Times* reported.

How Peace Came to Mozambique

During his acceptance speech, President Chissano explained how the TM project began in Mozambique and these results were achieved.

Initially, he and his wife learned Transcendental Meditation and introduced it to the members of their extended family. Then most of his ministers and their wives began the practice.

“I told them this will give you peace in your mind and relaxation in your body,” he said. “After they experienced these benefits, I explained that this technology will bring coherence in society if many people do it. Later on, I told them that it had the power to bring an improvement in the climatic conditions in our country, and that did happen.”

President Chissano introduced TM into the army on a voluntarily basis. Many soldiers began to meditate and a positive effect was felt throughout the country.

Currently, citizens in several Mozambique towns—the capital Maputo, Nampula, Quelimane,

MORE

Add two, Mozambique President applies Transcendental Meditation to promote peace in his country

Cuamba, and other towns—are learning Transcendental Meditation, and there are plans to expand teaching activities into the countryside.

Crime and Accidents Down

“We are happy to notice that the behavior of our population is changing,” President Chissano said. “Crime and accidents are down. We still have to do a thorough study, but we can feel the positive effects.”

Not a Religion

President Chissano emphasized that Transcendental Meditation is a science, not a religion.

“People ask me if this is a religion. I tell them I am taking advantage of a science. We will not stop praying in our churches and mosques and synagogues, but we will make use of this science,” he said.

Promoting the Well-Being of the People

“We want peace in order to develop our country,” President Chissano said. “At the same time, only if our country gets development can we speak about harmony. All of southern Africa has been fighting for freedom and development. We find that what is being done by the Maharishi University gives us support in our search for development and harmony, because it promotes the well-being of the people.”

“Education to Gain Such Pure Knowledge Is of Utmost Importance”

“This peace will have to start from our own minds,” President Chissano said, “and it must be substantiated by knowledge. We need to gain the knowledge offered by Maharishi’s Vedic Science. Education to gain such pure knowledge is of utmost importance.”

Mozambique Students to Study at MIU

President Chissano announced that he is sending 11 students on special scholarships to Maharishi International University in Fairfield, Iowa, USA, “to get this pure knowledge, this powerful knowledge so they don’t know boundaries to the possibilities of solving the problems of their country.”

President Chissano concluded his speech by quoting from Maharishi’s inaugural address, “As Maharishi said. ‘Let us together ban suffering’ in Mozambique.”

“A Guiding Light for All Heads of State”

Maharishi called President Chissano “a guiding light for all heads of state.”

Add three, Mozambique President applies Transcendental Meditation to promote peace in his country

Maharishi said, "President Chissano has initiated the dawn of administration through natural law and created integrated national consciousness in his country. In President Chissano we find the lively spirit of that supreme political ideology which has been practiced by all the greatest rulers of the world down through the ages."

Global Demonstration Project in Washington, D.C.

Another demonstration of the power of Maharishi's Vedic Technology of Consciousness for transforming the trends of life in a whole society is now underway in Washington, D.C.

The project leader is Dr. John Hagelin, a world-renowned quantum field theorist and Director of the MIU Institute of Science, Technology and Public Policy. During Saturday's inaugural ceremonies, Dr. Hagelin reported preliminary results of the Washington demonstration project.

"For the first three weeks of our project, June 7 through 27, we had about 1,000 experts in Maharishi's Transcendental Meditation and TM-Sidhi program practicing together in groups in Washington," Dr. Hagelin said. "Total violent crime decreased significantly in the District of Columbia, and both President Clinton and Congress enjoyed greater success in domestic and foreign affairs. President Clinton's approval rating rose 9 percent.

"Now the size of the group in Washington has more than doubled. We are hopeful that even more dramatic improvements will be achieved in the remaining four weeks of our demonstration," Dr. Hagelin said.

Independent Scientific Review Board to Evaluate Washington Project

Dr. Hagelin said that a 20-member independent scientific review board, including scientists from several prominent American universities, the D.C. Metropolitan Police Department, the U.S. Congress' Office of Technology Assessment, and the World Bank will evaluate the results of the demonstration.

"We expect that the project in Washington will confirm the results of more than 40 previous scientific research studies. These studies have found that group practice of Maharishi's Vedic Technology of Consciousness significantly reduces negative tendencies in society, such as crime, and strengthens positive social and economic trends," Dr. Hagelin said.

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**Five-Point Program
Proposed to the World Bank
to Eliminate 50% of Disease
in the World within Three Years**

presented by

Dr. B.D. Triguna

Chairman of the National Academy
of Ayur-Ved, Government of India

Tony Nader, M.D., Ph.D.

International President
Maharishi Ayur-Ved Universities

INTRODUCTION

This proposal is being presented to the World Bank in response to the July 6, 1993 report by the World Bank on global health care, *World Development Report: Investing in Health*. In the report, the World Bank recommends that countries invest in basic, prevention-oriented health care services in order to improve the health of all their people and lessen dependency on expensive high-technology medical care.

This proposal offers a practical plan to fulfill the aspiration expressed in the World Bank's report. The proposal outlines a prevention-oriented health education program to promote public health at every level of society in every country of the world. It offers to reduce disease by 50% within three years, and generate a momentum to create a disease-free society. This plan is based on the knowledge of the most comprehensive, time-tested, and scientifically documented system of natural health care, Maharishi Ayur-Ved.*

* Please refer to Appendix 1 for explanation of Maharishi Ayur-Ved.

Five-Point Program* to Eliminate 50% of Disease in the World

1. Training of Experts in Maharishi Ayur-Ved in Every Country

For each 10,000 population, two experts (one man, one lady) will be trained to teach (1) pulse diagnosis, to measure imbalance in the physiology; and (2) proper diet regulation, to eliminate imbalances. The wide dissemination of this knowledge will achieve the first stage of the Maharishi Ayur-Ved program—reducing disease by 50% and generating a momentum to create a disease-free society. To care for the 5 billion people of the world, the program will require the training of one million experts.

The candidates will be trained in their own countries, in the Maharishi Ayur-Ved Health Education Training Center and Pharmacy to be established in each nation. The training consists of three months per year in this national training center, after which the trainees will teach courses on pulse diagnosis and diet regulation to the whole population based on what they have learned (please see point #2 below).

Over the three years, as these experts continue to develop the knowledge of pulse diagnosis, diet regulation, herbal compounds, collective health, and other prevention-oriented methods of Maharishi Ayur-Ved, they will become leaders in health education in their societies.

2. Health Education

These trained experts will teach short courses in pulse diagnosis and diet regulation to the people at all levels of society, making the population increasingly self-sufficient in caring for their own health. These courses will be given in small health education centers to be established throughout the country—one expert couple for every 10,000 population. For the three months per year that these experts are gaining more knowledge at the national training center, other experts will take their place, so that teaching in the local centers can continue uninterrupted. These courses will include instruction in the use of local medicinal plants (please see point #3 on next page), which will further contribute to the growing self-sufficiency of the population.

* Please refer to Appendix 2 for a description of the components of the five-point program; and to Appendix 3 for scientific validation of the program.

3. Plantations of Medicinal Plants in Every Country

A plantation of herbal medicinal plants will contribute toward providing holistic low-cost health care to the whole population. The size of this large national medical garden will be proportional to the population—1.5 hectares for every 10,000 population, which will be sufficient to care for the health needs of the whole population. Through research on local herbs conducted according to Maharishi Ayur-Ved principles, and through consultation with local experts, the trainees will learn the properties and health benefits of foods and herbs of their own country, which will then become part of the health education training for the whole population.

4. National Pharmacy in Every Country

A national pharmacy, attached to the national training center and located near the plantation, will be established in each country to locally process the herbs and plants, so that fresh medicines are inexpensively available to the whole population. Part of the training of the health education experts will include the preparation of herbal compounds. These trainees in residence will also comprise the coherence-creating group to maintain the collective health of the country (please see the following point).

5. Collective Health

The trainees at the Maharishi Ayur-Ved Health Education Training Center will also be creating coherence in national consciousness through their group practice of Maharishi's Transcendental Meditation and TM-Sidhi program. These experts will ensure a coherent, positive, and harmonious atmosphere in which the government will make its policies and programs for the nation. (Without such a coherence-creating group, the negativity and stress in collective consciousness negatively influences the policies and programs of the government, rendering it incapable of satisfying everyone.) The concept of collective health is a very special feature of Maharishi Ayur-Ved, and must be properly handled if the health care of every individual is to be successful.

Correspondence about this proposal should be addressed to:

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APPENDIX 1

The Basis of the Five-Point Program: Maharishi Ayur-Ved

Ayur-Ved ("science of life") is the oldest scientific system of natural health care, originating in the ancient Vedic civilization. *Maharishi Ayur-Ved* is the complete and therefore fully effective knowledge of Ayur-Ved, brought to light by Maharishi Mahesh Yogi in collaboration with the world's foremost Ayur-Vedic physicians.

Maharishi Ayur-Ved emphasizes prevention, with over 20 approaches to restore and maintain balance in mind, body, behavior, and environment. These approaches for both individual and collective health, recorded in the classical Ayur-Vedic medical texts, are time-tested, holistic, free from harmful side effects, cost-effective, and easily applied. Among the approaches are the following:

- Programs for development of consciousness and elimination of stress, including the Transcendental Meditation and TM-Sidhi program
- Diagnostic techniques, including pulse diagnosis, to accurately assess the degree of balance in the physiology and detect imbalances at an early stage
- Dietary regulation programs individualized to correct specific imbalances before they manifest as disease
- Herbal medicines to eliminate malnutrition and promote a high level of immunity
- Daily and seasonal routines for prevention of disease
- Physiological purification therapies
- Programs for collective health

Need for Maharishi Ayur-Ved in Modern Health Care

Health care everywhere is in crisis. Every nation's health care system is beset by critical problems, including escalating costs, inability to prevent disease, emphasis on treating the symptoms of illness rather than the root cause, and serious side effects of pharmaceuticals and other medical treatments. Governments and health agencies are looking for new approaches to health care.

New, profound knowledge is needed—knowledge of prevention of disease, treatment of stress-related and chronic diseases, and a comprehensive approach to promotion of health that takes into account the relationship of mind and body. Maharishi Ayur-Ved offers this knowledge for the practical use of every nation.

Self-Sufficiency in Health Care for the Whole Population

Maharishi Ayur-Ved brings to light that the primary cause of disease is violation of natural law, which leads to imbalance in the physiology and disruption of the body's own self-repair mechanisms. The approaches of Maharishi Ayur-Ved bring the functioning of mind and body increasingly in accord with natural law, thereby promoting physiological and psychological balance, enhancing the ability of the immune system to combat any existing illness, and preventing the emergence of future disease. This knowledge can be easily taught to every individual, leading to immediate reduction of disease in the whole population, and creating a momentum for a disease-free society. Any country can achieve self-sufficiency in health care through Maharishi Ayur-Ved.

APPENDIX 2

Explanation of the Five-Point Program

The proposed program makes use of five highly effective approaches from Maharishi Ayur-Ved for promoting individual health through detecting and treating imbalances in the physiology, and for promoting collective health by creating a stress-free society.

1. **PULSE DIAGNOSIS** is a simple, accurate, and systematic procedure for detecting imbalances in any part of the body from the information gained by placing three fingers on the radial pulse. With this information the individual can take specific measures, primarily by adjusting the diet, to restore balance to the body.
2. **DIET REGULATION** is the simplest, most effective, and most inexpensive means of restoring balance in the physiology and eliminating the basis of disease. Maharishi Ayur-Ved contains precise and comprehensive knowledge of the effects of food on the functioning of the body. The dietary recommendations of Maharishi Ayur-Ved not only fulfill general nutritional requirements; they are individualized to correct specific imbalances in the body, as assessed through self-pulse diagnosis—once the pulse is known, the diet is adjusted.
3. **HERBAL FOOD PREPARATIONS** are used to eliminate malnutrition and promote a high level of immunity. Maharishi Ayur-Ved contains detailed knowledge of plant collection, manufacture, and application of these herbal compounds to correct specific imbalances. Maharishi Ayur-Ved does not isolate the active ingredient, but ensures holistic beneficial effects and prevents harmful side effects. These herbal compounds will be made from local herbs whenever possible.
4. **PLANTATIONS OF MEDICINAL HERB GARDENS** throughout the country will provide sufficient herbs to support the health of the whole population. The cultivation and processing of indigenous herbs, which are used to eliminate the basis of disease, will be made available at low cost for the whole population through pharmacies. This will greatly reduce the need for importing costly pharmaceuticals.
5. **COLLECTIVE HEALTH** and a disease-free society can be realized through the Maharishi Effect, which is the influence of coherence, positivity, and harmony in collective consciousness created by large groups of citizens practicing Maharishi's Transcendental Meditation and TM-Sidhi program (Yogic Flying) in one place. The establishment of such a group—Maharishi's Group for a Government—in every nation will significantly reduce crime and illness, promote economic prosperity, and enhance positivity and achievements of the government.

The Maharishi Effect is currently being demonstrated in Washington, D.C. through a National Demonstration Project in June and July of 1993, sponsored by the Institute of Science, Technology and Public Policy at Maharishi International University in Fairfield, Iowa. The Institute is headed by Dr. John Hagelin, leading authority in unified field theory and Director of the Doctoral Program in Physics at MIU. In the first month of this project, violent crime in Washington, D.C. was reduced by more than 20%.

APPENDIX 3

Scientific Research on the Five-Point Program

Over 500 scientific research studies on the components of this five-point program of Maharishi Ayur-Ved have been conducted at 210 universities and research institutions in 27 countries. For a summary of scientific research on the approaches used in this program, please refer to the enclosed two pamphlets: *Scientific Research on Maharishi Ayur-Ved* (1990) and *Maharishi Ayur-Ved: Approaches to the Prevention of Disease and the Promotion of Perfect Health* (1993).

MAHARISHI AYUR-VED

Approaches to the
Prevention of Disease
and the Promotion
of Perfect Health

1993

MAHARISHI AYUR-VED MEDICAL ASSOCIATION—USA



ARCHIVO

CBE 93/21584

Señor
Pedro Ojeda D.
Instituto de Meditación Trascendental
Presente

De mi consideración:

Por especial encargo de S.E. el Presidente de la República, me refiero a su nota de fecha 20 de Octubre, en la que le adjunta una carta y materiales enviados por el Dr. John S. Hagelin, Presidente del Institute of Science, Technology and Public Policy y, a su vez, le solicita una audiencia para hacer entrega de un manuscrito, en el que se presentan los resultados científicos del Proyecto de Demostración de Washington.

Al respecto, el Presidente me ha solicitado manifestarle su agradecimiento por el envío de este interesante material e informarle que para él habría sido muy grato poder recibirlo personalmente. Lamentablemente, las innumerables actividades propias del ejercicio de su cargo le impiden acoger su atenta petición. No obstante, si usted lo estima pertinente, le sugiere remitir los antecedentes a este Gabinete, para su oportuno estudio.

Sin otro particular, lo saluda atentamente,


CARLOS BASCUÑAN EDWARDS
Jefe de Gabinete

Santiago, Noviembre 2 de 1993.

CBE/psa.